

MID SUMMER'S DINNER – 24TH JUNE 2016

Allt-yr-Afon, Wolfscastle, Haverfordwest

6.30 p.m. for 7.00 p.m.

Menu

Starters

Pea & Mint Soup, **parmesan croutons**

Smoked Chicken Caesar Salad, **parmesan, lardons, garlic croutons**

Goats Cheese & Thyme Tarts, **red onion marmalade**

Butternut Squash Ravioli, **velouté, red pepper, salsa verde**

Mains

Chicken Stuffed with Ricotta & Spinach, **tarragon cream sauce**

Grilled Rump Steaklet, **mushroom, red wine & onion sauce**

Herb Crusted Cod, **watercress sauce**

Mediterranean Vegetable Lasagne (v)

Selection of Seasonal Vegetables/Accompaniments

Desserts

Raspberry Cheesecake

Sticky Toffee Pudding, **butterscotch and cinnamon ice cream**

Strawberry Roulade

Coffee/Tea & Homemade Fudge

£25.00 per person

Please Note: Any of the above dishes can be prepared gluten free

Should you wish to attend the Dinner please tick your menu choices noting each person's choice and return the form to Penny Thomas, 12 Kensington Gardens, Haverfordwest SA61 2RL together with a cheque made payable to Pembrokeshire U3A by Friday 3rd June.

Dress code – Gentlemen suits please

Ladies - long/short dresses, evening trousers

Name (1)

Name (2)

Address

Telephone Number

Cheque made payable to Pembrokeshire U3A £